

F O R T R U P E R T

SCHOOL INFORMATION 2019/2020



GILAKAS'LA

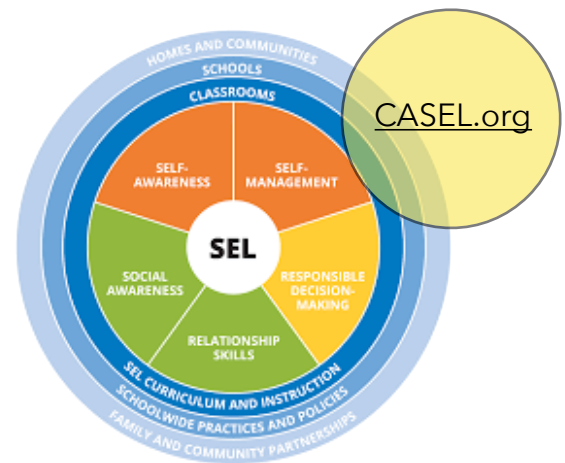
Welcome back to school.

The first day of school is on Wednesday, September 4th, 2019. Students will only be at school for two hours that day.

There will be a welcome back BBQ Friday, September 6th, 2019. Please join us at 12:30pm for a hotdog and a drink!!

SOCIAL EMOTIONAL LEARNING

Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. FRES has a school plan that is based on SEL.



SCHOOL BELLS

First Bell: 8:25am

Recess Bell: 10:00am

Lunch Bell: 11:33am

Final Bell: 2:35pm

STAFFING

Alison Webber:

Principal and Grade 6/7 Teacher

Stacey Patterson:

Secretary

Andrea Williams:

LART, ELL, and Classroom Teacher

Marlei Boyko:

Grade K and 1

Kristi Graham:

Grade 2, 3, and 4

Courtney Cox:

Grade 5 and 6

Myra Connaty:

ADST and Library

Kathleen Gillis:

Education Assistant

Barb Colbourne:

Education Assistant

Charmaine Hoet:

Education Assistant

Deborah Zealand:

Education Assistant

Tamara Keiver:

First Nations Support and Culture

Genevieve Lavallee:

Custodian

Jody Welch:

Noon Hour Supervisor

Judy Fyles:

Librarian

REMINDERS



1 TECHNOLOGY

All devices: computers, tablets, or cell phones are to be used for educational purposes only. Teaching our children how to navigate this digital world safely and respectfully is important.

2 CELL PHONES

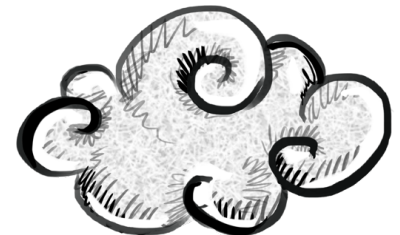
Students cell phones are to remain silenced and in their backpacks during the school day. Some teachers may allow personal devices to be used for educational purposes during class time. If a cell phone becomes an ongoing issue a plan will be created with the student, parent and FRES staff.

If you need to contact your child during the day please contact the office or their teacher.

*For example:
Student leaves cell phone in office until end of day*

RAIN AND WEATHER

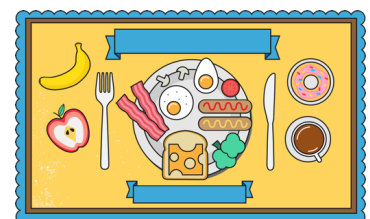
Living in this beautiful place means we experience frequent rainy days. Please send your child dressed or prepared to play outside rain or shine. This might include sending them with boots, a rain coat, extra socks, or a change of dry clothes.



If you need help providing rain gear please let the school know. :)

BREAKFAST PROGRAM

FRES offers healthy choices each morning for any student who may need it. Any parent, guardian, or family member with a valid criminal record check that would like to volunteer their time in the morning to help us deliver this program please contact the school. We offer this program each day starting at 8:15am.



REMINDERS

ALLERGIES

If your child requires an EpiPen please insure you notify the office and that they carry on if need be

UTENSILS

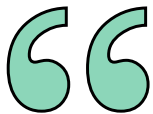
Please send reusable forks, spoons, and knives with your child. We will not be providing plastic utensils this year and will have limited wooden sporks.



BUS & PLAYGROUND EXPECTATIONS

Students are reminded that while riding the bus or playing outside they are expected to follow the school's code of conduct. Which includes respectful behaviour towards each other and ALL staff.

Fort Rupert Elementary is very proud of the polite, respectful students that are from our school. We encourage them to be kind wherever they may be.



***BE RESPECTFUL ~ BE SAFE
~ BE PEACEFUL ~ BE AN ACTIVE LEARNER***

ACCEPTABLE & UNACCEPTABLE BEHAVIOUR (CONSEQUENCES)

Students and adults will be provided with a code of conduct.

The code of conduct outlines what acceptable behaviours are and what they would look like.

The code of conduct outlines possible unacceptable behaviours and possible consequences.

Please remember that in every event the severity of the behavior and a students' age and maturity will be taken into account when determining an appropriate consequence.

Each child is different and therefore we need to work together as a community to provide the best possible outcomes.

We hope at each step the child will accept accountability for their actions and provide a sincere apology to whomever is involved.

BULLYING

The RCMP say the following about bullying:
Bullying happens when there is an **imbalance of power**; where someone **purposely and repeatedly** says or does hurtful things to someone else.

Bullying can occur one on one or in a group(s) of people.

There different forms of bullying:

Physical bullying:

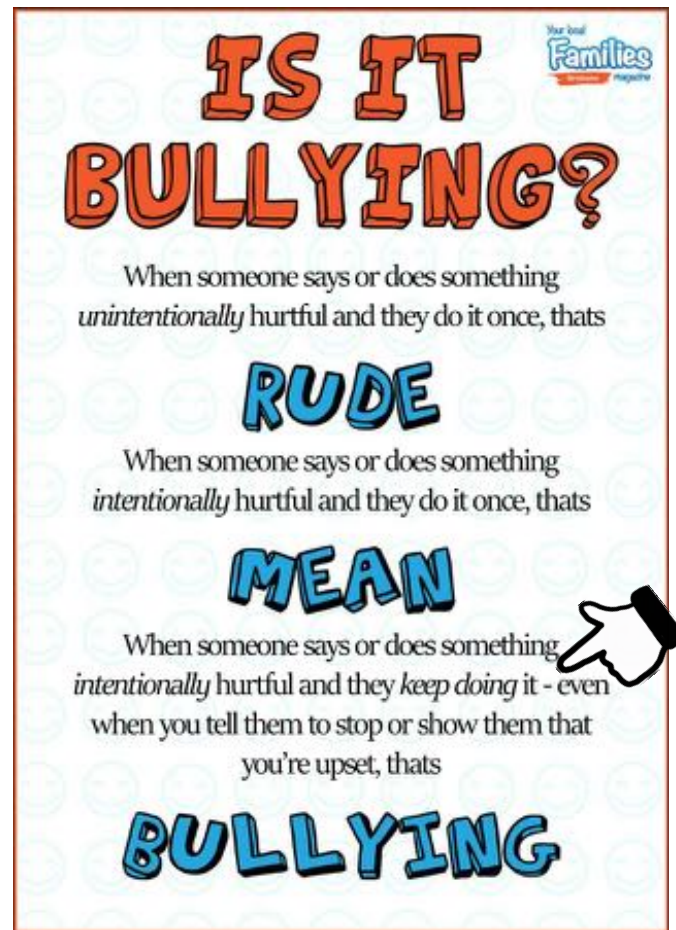
(using your body or objects to cause harm): includes hitting, punching, kicking, spitting or breaking someone else's belongings.

Verbal bullying:

(using words to hurt someone): includes name calling, put-downs, threats and teasing.

Social bullying

(using your friends and relationships to hurt someone): includes spreading rumours, gossiping, excluding others from a group or making others look foolish or unintelligent.



BE BRAVE.

AT HOME: Talk to your kids about standing up to bullies... Tell them to tell the bully to stop.. then they need to tell an adult immediately.

Try to talk to the parents of the child about behaviours that worry you.

AT SCHOOL: Teach them to set boundaries and to tell others when what they are doing is not ok. Teach your child the following: "I asked you to stop." Followed by: "I'm telling an Adult."

Then have your child find an adult immediately to report it... we can't help to change the behaviour of we don't know!

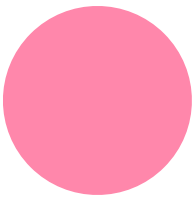


FRES FAMILY MOVIE NIGHTS

Starting this Fall FRES will be hosting a monthly movie night!!

Movies will be shown in the FRES gym. Families will be encouraged to bring lawn chairs and blankets to sit on.

Popcorn and possible snacks will be available. Prices and Movies to be announced in September.

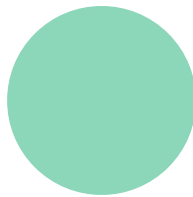


PAC

Come join the amazing team that is the FRES PAC.

(Parent Advisory Council)
We will meet the first Monday night of each month in the FRES library.

They will be listed on the monthly calendar.

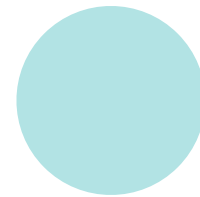


VOLUNTEERS

FRES loves volunteers. If you would like to volunteer your time in any respect please let us know.

This might look like helping with breakfast program to reading with little people.

You will need a valid criminal record check.



LET'S TALK

In order for our students to be successful they need to know that we are all on the same team.

If you have any questions, please contact us or come in to the school!

Communication and proper boundaries let our children feel secure and allow them to thrive!

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Labor Day No School	In-Service Day Staff Meeting	First Day of School! 8:25-10:30		Welcome Back BBQ @ 12:30pm	
8	9	10	11	12	13	14
	PAC Meeting @ 7:00pm					
15	16	17	18	19	20	21
				Pirate Day		
22	23	24	25	26	27	28
				Terry Fox Run 1:00pm		
29	30	1	2	3	4	5
	Orange Shirt Day					